



**20  
24**

**CHARLOTTE COUNTY**  
"FIT FOR LIFE" SENIOR GAMES

**Oct. 1–Nov. 3, 2024**

**Bag Toss (Cornhole)**

**Basketball 3-on-3**

**Basketball Shooting**

**Bowling**

**Disc Golf**

**Golf**

**Pickleball**

**RC Sailing**

**Softball Hitting Derby**

**Swimming**

**Table Tennis**

**Tennis**

**Track & Field**

## RULES AND INFORMATION

Charlotte County "Fit for Life" Senior Games provides a fulfilling and rewarding experience for all. Our Olympic-style events focus on athletic competition, camaraderie, and recreational opportunities. These games are sanctioned by the Florida Sports Foundation and serve as a qualifier for the Florida Senior Games State Championships except for Bag Toss (Cornhole), Basketball 3-on-3, Disc Golf, RC Sailing, and Softball Hitting Derby. Bag Toss and Basketball 3-on-3 are OPEN events, meaning no qualifying performance is required to participate at Florida Senior Games. Disc Golf, RC Sailing, and Softball Hitting Derby are not events offered at Florida Senior Games.

## ELIGIBILITY

Open to amateur athletes 50 years of age and over as of Dec. 31, 2024, regardless of residency.

### Age Divisions

Age divisions for single competitions are: 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, 100+. The youngest member of a doubles or team event will determine the age category they will participate in.

**NOTE:** On occasion older individual(s) may be grouped in a lower age division so that they may compete. If this individual received a medal in a lower age group, provisions will be made to medal the next place finisher in the appropriate age group.

### Entry Fees

Registration is \$10 per event of participation. *For example, if an athlete wants to participate in Golf and Table Tennis Singles, the total fee would be \$20.*

### Registration

Opens: Aug. 1, 2024

- Online Registration: visit [CharlotteCountyFL.gov/SeniorGames](https://CharlotteCountyFL.gov/SeniorGames) and click on the 2024 Senior Games Registration link

- By Phone: call 941.681.3760
- In-Person: at any Charlotte County Recreation Center
- No mail-in entries will be accepted!

Closes: two weeks prior to event or when registration reaches maximum number for event

### Additional Facility Fees

An additional facility fee will be charged for Golf and Bowling. These fees are due the day of the event to the designated facility.

### Awards

Gold, silver, and bronze medals will be presented to the winners in each age division of each event. If you are unable to stay or do not receive your medal at the event, you may pick it up the week after the games at Ann & Chuck Dever Regional Park Recreation Center, 6961 San Casa Drive, Englewood, FL between the hours of 9 a.m. and 5 p.m., Monday through Friday.

### Refunds

***Entry fees are refundable only if an event is canceled.***

**EVENT ENTRY DEADLINE:** Two weeks prior to individual event  
**FIT FOR LIFE SENIOR GAMES T-SHIRT DEADLINE:** 5 p.m., Friday, Aug. 23

# Charlotte County 2024 “Fit for Life” Senior Games Events

## Bag Toss (Cornhole)

**Location:** Ann & Chuck Dever Regional Park Recreation Center

6961 San Casa Drive, Englewood

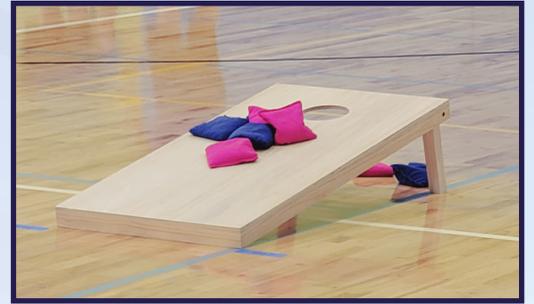
**Date:** Thursday, Oct. 17

**Check-In:** 8:30 a.m.

**Start:** 9:00 a.m.

### Entry Regulations

- All equipment provided
- Number of entrants will determine bracket format



## Basketball 3-on-3

**Location:** South County Regional Park Recreation Center

670 Cooper St., Punta Gorda

**Date:** Saturday, Oct. 12

### Men's 3-on-3

**Check-In:** 7:30 a.m.

**Start:** 8:00 a.m.

### Women's 3-on-3

**Check-In:** 11:30 a.m.

**Start:** 12:00 p.m.

### Entry Regulations

- Each team member must register separately
- Team name or team captain must be named on registration form
- Basketballs will be provided

### Format

- There are separate registrations for Men's and Women's events
- All players on team must be the same gender with a maximum of seven players on a team roster
- Teams must have a minimum of three players on the floor to start a game
- The game shall be played on half court by two teams of three players each
- Playing time is two 15-minute halves with a 5-minute half-time break
- Brackets will be determined by number of teams registered



## Basketball Shooting

### Free Throw/Spot Field Goal/Timed Field Goal

**Location:** Harold Avenue Regional Park Recreation Center

23400 Harold Ave., Port Charlotte

**Date:** Monday, Oct. 7

**Check-In:** 8:30 a.m.

**Start:** 9:00 a.m.

### Entry Regulations

- Basketballs will be provided

### Format

- Free Throw: Three rounds of ten (from free throw line)
- Spot Field Goal: Three rounds of five shots
- Timed Field Goal: Three rounds of 60 seconds (five spots)



## Bowling

**Location:** Bowland  
3192 Harbor Blvd., Port Charlotte

### Singles

**Date:** Tuesday, Oct. 1, 2024

**Check-In:** 7:30 a.m.

**Start:** 8:00 a.m.

### Doubles/Mixed Doubles

**Date:** Thursday, Oct. 3

**Check-In:** 7:30 a.m. — Doubles

**Start:** 8:00 a.m.

**Check-In:** 9:30 a.m. — Mixed Doubles

**Start:** 10:00 a.m.

### Entry Regulations

- An additional facility fee of \$10 is required and paid directly to the bowling facility by participant at time of event
- There is an individual fee for each event

### Format

- Bowling times and lanes will be assigned the day of event
- Partners must be named on registration form



## Disc Golf

**Location:** Centennial Park  
1185 Centennial Blvd., Port Charlotte, FL

**Date:** Tuesday, Oct. 15

**Check-In:** 8:30 a.m.

**Start:** 9:00 a.m.

### Entry Regulations

- Discs used in play must meet all the conditions set forth in the PDGA Technical Standards
- One stroke is counted each time the disc is thrown and when a penalty is incurred
- Player with the lowest total strokes for the entire course wins
- If there is a tie, the event director will determine how the tie is broken



## Golf

**Location:** The Palms Course – Rotonda Golf & Country Club  
266 Rotonda Circle, Rotonda West, FL  
**Date:** Tuesday, Oct. 22  
**Check-In:** 7:00 a.m.  
**Start:** 8:00 a.m.

### Entry Regulations

- An additional facility fee of \$50 is required and paid directly to the facility by participant at time of event

### Format

- Tournament will be 18-hole
- Handicaps are not used in scratch play
- Groups must play in their own age group
- In the event of a tie between first, second, or third place, the USGA tie-breaking procedure of matching score cards will be implemented (the player with the best score in the last nine holes will win the higher medal)



## Pickleball

### Doubles/Mixed Doubles

**Location:** South County Regional Park  
670 Cooper St., Punta Gorda, FL  
**Date:** Saturday, Oct. 19 — Doubles  
Sunday, Oct. 20 — Mixed Doubles  
**Check-In:** 8:00 a.m.  
**Start:** 8:30 a.m.

### Entry Regulations

- Partners must be named on registration form
- There is an individual fee for each event
- All matches will be conducted in accordance with USAPA rules

### Format

- Each player's skill rating will be considered to determine brackets
- Brackets will be formed based on skill ranking as well as number of participants per age bracket



## RC Sailing

**Location:** South County Regional Park  
670 Cooper St., Punta Gorda, FL

**Date:** Sunday, Nov. 3

**Check-In:** 8:30 a.m.

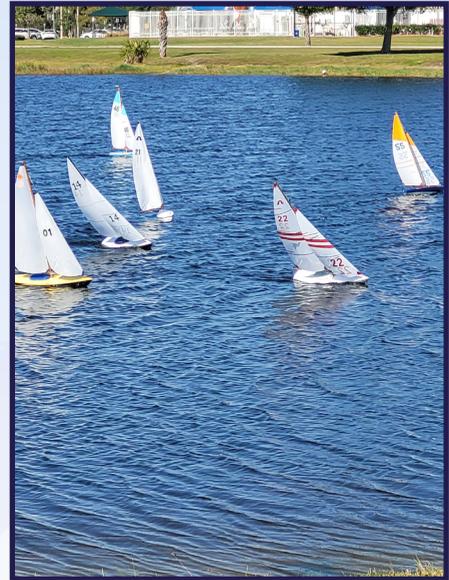
**Start:** 9:00 a.m.

### Entry Regulations

- Participants must provide their own radio-controlled model sailboat
- AMYA rules will apply

### Format

- Sailing is one meter



## Softball Hitting Derby

**Location:** Carmalita Park Field #1  
2605 Carmalita St., Punta Gorda

**Date:** Thursday, Oct. 24

**Check-In:** 8:30 a.m.

**Start:** 9:00 a.m.

### Entry Regulations

- Pitching machine and balls will be provided
- Participants must supply their own bats
- Bats must be regulation softball bats as determined by ASA
- Batting order will be determined by a random draw on-site

### Format

- Each batter is allowed warm up pitches prior to start time
- Each batter will have two rounds of ten pitches
- Strikes and foul balls count as a swing
- Points will be given based on where ball lands in designated zones



## Swimming

See entry form for each individual event

**Location:** Ann & Chuck Dever Regional Park Pool  
7001 San Casa Drive, Englewood, FL

**Date:** Saturday, Oct. 5

**Check-In:** 8:00 a.m.

**Warm-Up:** 8:10–8:50 a.m.

**Start:** 9:00 a.m. and TBD for each event following

### Entry Regulations

- \$10 entry fee includes entry to up to four events

### Format

- False starts will result in a disqualification
- All events are measured in yards
- The pool is a heated outdoor facility



## Table Tennis

### Club Level

### Recreation Level

### Singles/Doubles/Mixed Doubles

**Location:** Harold Avenue Regional Park Recreation Center  
23400 Harold Ave., Port Charlotte, FL

**Date:** Wednesday, Oct. 9

**Check-In:** 8:30 a.m. — Club & Recreation Level

**Start:** 9:00 a.m.

### Entry Regulations

- Partners must be named on registration form
- There is an individual fee for each event
- Players must supply their own paddle
- All matches will be conducted in accordance with US Table Tennis Association rules

### Format

- Games played to 11 points
- Brackets will be created based on level indicated and number of participants in each level
- Start times may be staggered due to number of participants. You will be notified by Event Director



## Tennis

### Singles/Doubles/Mixed Doubles

**Location:** Tringali Park

3460 N. Access Road, Englewood

**Date:** Tuesday, Oct. 29 — Singles

Wednesday, Oct. 30 — Doubles

Thursday, Oct. 31 — Mixed Doubles

**Check-In:** 7:30 a.m.

**Start:** 8:00 a.m.

### Entry Regulations

- Partners must be named on registration form
- There is an individual fee for each event
- Players must supply their own racket
- All matches will be conducted in accordance with US Tennis Association rules

### Format

- Players will be contacted prior to competition with match information
- Brackets will be formed based on skill ranking as well as number of participants per age bracket



## Track & Field

**Location:** Charlotte High School

1250 Cooper St., Punta Gorda, FL

**Date:** Saturday, Oct. 26

**Check-In:** 8:30 a.m.

**Start:** 9:00 a.m.

**See entry form for each individual event**

### Entry Regulations

- \$10 entry fee includes entry to up to four events

### Format

- All track and field events are governed by USATF rules
- All track events are timed finals
- All field events allow four attempts
- Throwing implements will be available



# Charlotte County 2024 Senior Games Official Entry Form (Mail-Ins Not Accepted)

**PARTICIPANT INFORMATION**

(Circle One)

Name: \_\_\_\_\_ Phone : (\_\_\_\_\_) \_\_\_\_\_ Gender: M F  
 Address: \_\_\_\_\_ City/State/Zip: \_\_\_\_\_  
 Age (by **12.31.2024**): \_\_\_\_\_ D.O.B.: \_\_\_\_\_ Email Address: \_\_\_\_\_

**Circle Age Category:** 50-54 55-59 60-64 65-69 70-74 75-79 80-84 85-89 90-94 95-99 100+

Are you a Charlotte County Employee? Yes \_\_\_ No \_\_\_ Name of Department/Division \_\_\_\_\_

<b>Circle Shirt Size:</b>	<b>S</b>	<b>M</b>	<b>L</b>	<b>XL</b>	<b>XXL</b>	<b>XXXL</b>
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**Release for Participation Waiver:** I understand and expressly agree that my use of Charlotte County recreational facilities, including, but not limited to pools, gyms, and fitness centers as well as participation in exercise and recreational programs involves the risk of injury to me whether caused by me or not. I understand that these risks are inherent in physical activity and my use of the facilities, and can range from minor injuries to major injuries, including death. In consideration of my participation in the activities and my use of exercise equipment, I understand and voluntarily accept full responsibility for the risk of injury or loss arising out of or related to my use of the recreational and exercise equipment or other recreational and exercise programs at Charlotte County facilities. I further agree that Charlotte County, a political subdivision of the State of Florida (hereinafter "Charlotte County"), its representatives, successors, or assigns, employees, will not be liable for any injury including, without limitation, personal, bodily, or mental injury, disability, death, economic loss or any damage to me, my spouse or domestic partner, guests, unborn child, heirs, or relatives resulting from the negligent conduct or omission of Charlotte County, or anyone acting on its behalf, whether related to recreation and exercise or not. Accordingly, to the fullest extent permitted by law, I do hereby forever release, waive and discharge Charlotte County from any and all claims, demands, injuries, damages, actions or causes of action related to my use of the fitness center facility (collectively, "Claims") against Charlotte County or anyone acting on their behalf, and hereby agree to defend, indemnify and hold harmless Charlotte County from and against any such Claims. I further understand and acknowledge that Charlotte County did not manufacture fitness or other equipment or products available in its facilities and therefore Charlotte County will not be held liable for any defective equipment or products.

I understand my release of liability, assumption of risk and agreement to indemnify, defend and hold harmless and I have been given the opportunity to review and ask questions related to my use of the facilities, as well as my participation in any available recreational and exercise programs. I agree to comply with Charlotte County's rules and regulations that may be communicated to me from time to time, whether in writing, electronically, through signage or verbally. Charlotte County may, in its sole discretion, modify any policy or rule at any time and from time to time without advance notice. Charlotte County reserves the right, in its sole discretion, to terminate my use of the facilities or participation in the programs for violation of any policy or rule. By signing below, I acknowledge and agree to all of the terms contained herein.

PRINT NAME	SIGNATURE	DATE
<p><b>Bag Toss (Cornhole) - Oct. 17</b></p> <p><input type="checkbox"/> Single</p> <p><b>Basketball 3 on 3 - October 12</b></p> <p><input type="checkbox"/> Team Name or Captain: _____</p> <p><b>Basketball Shooting - October 7</b></p> <p><input type="checkbox"/> Single</p> <p><b>Bowling</b></p> <p><input type="checkbox"/> Singles - <b>Oct. 1</b></p> <p><input type="checkbox"/> Doubles - <b>Oct. 3</b></p> <p>Partner: _____</p> <p><input type="checkbox"/> Mixed Doubles - <b>Oct. 3</b></p> <p>Partner: _____</p> <p><b>Disc Golf - Oct. 15</b></p> <p><input type="checkbox"/> Single</p> <p><b>Golf - Oct. 22</b></p> <p><input type="checkbox"/> Single</p> <p><b>Pickleball — Skill Rating (1.0–5.5) _____</b></p> <p><input type="checkbox"/> Doubles - <b>Oct. 19</b></p> <p>Partner: _____</p> <p><input type="checkbox"/> Mixed Doubles - <b>Oct. 20</b></p> <p>Partner: _____</p> <p><b>RC Sailing - Nov. 3</b></p> <p><input type="checkbox"/> Sailing 1 Meter</p> <p><b>Softball Hitting Derby - Oct. 24</b></p> <p><input type="checkbox"/> Single</p>	<p><b>Swimming - Oct. 5</b></p> <p>(Enter four maximum)</p> <p><input type="checkbox"/> 100 yd. Backstroke</p> <p><input type="checkbox"/> 50 yd. Freestyle</p> <p><input type="checkbox"/> 200 yd. Ind. Medley</p> <p><input type="checkbox"/> 100 yd. Freestyle</p> <p><input type="checkbox"/> 50 yd. Butterfly</p> <p><input type="checkbox"/> 200 yd. Breaststroke</p> <p><input type="checkbox"/> 100 yd. Breaststroke</p> <p><input type="checkbox"/> 50 yd. Backstroke</p> <p><input type="checkbox"/> 200 yd. Freestyle</p> <p><input type="checkbox"/> 100 yd. Butterfly</p> <p><input type="checkbox"/> 50 yd. Breaststroke</p> <p><input type="checkbox"/> 200 yd. Backstroke</p> <p><input type="checkbox"/> 100 yd. Ind. Medley</p> <p><input type="checkbox"/> 500 yd. Freestyle</p> <p><b>Table Tennis - Oct. 9</b></p> <p>Choose a level</p> <p><input type="checkbox"/> Club    <input type="checkbox"/> Recreation</p> <p><input type="checkbox"/> Singles</p> <p><input type="checkbox"/> Doubles</p> <p>Partner: _____</p> <p><input type="checkbox"/> Mixed Doubles</p> <p>Partner: _____</p>	<p><b>Tennis — Skill Rating (1–4) _____</b></p> <p><input type="checkbox"/> Singles - <b>Oct. 29</b></p> <p><input type="checkbox"/> Doubles - <b>Oct. 30</b></p> <p>Partner: _____</p> <p><input type="checkbox"/> Mixed Doubles - <b>Oct. 31</b></p> <p>Partner: _____</p> <p><b>Track &amp; Field - Oct. 26</b></p> <p>(Enter four maximum)</p> <p><input type="checkbox"/> 50 Meter Run</p> <p><input type="checkbox"/> 100 Meter Run</p> <p><input type="checkbox"/> 200 Meter Run</p> <p><input type="checkbox"/> 400 Meter Run</p> <p><input type="checkbox"/> 800 Meter Run</p> <p><input type="checkbox"/> 1500 Meter Run</p> <p><input type="checkbox"/> Discus</p> <p><input type="checkbox"/> High Jump</p> <p><input type="checkbox"/> Javelin</p> <p><input type="checkbox"/> Long Jump</p> <p><input type="checkbox"/> Shot Put</p>

Note: You must register for the **Senior Games General Registration Course** before you can register for individual events.

**Kids Camp Connection**  
 This scholarship program gives kids the chance to attend camp and swim lessons.

**MAIL-IN ENTRIES WILL NOT BE ACCEPTED**

In case of emergency, contact:

Name: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_

Name: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_

**Kids' Camp Connection**

Kids' Camp Connection is a Scholarship Program for the Charlotte County Community Services Summer Day Camp. Your contribution is needed to provide children the opportunity to go to camp this summer. Based upon your contribution, a child could go to camp from one to eight weeks. The program offers recreational and fitness experiences for children between the ages of 5 and 13 years of age. Don't forget that your contribution is tax deductible.

**ENTRY FEE CALCULATION**

Number of Events Entered \_\_\_\_\_ x \$10 = \$ \_\_\_\_\_

Donation to Kids' Camp Connection (optional) \$ \_\_\_\_\_

(Any amount will be greatly appreciated to provide swim lessons and camp opportunities to children in Charlotte County)

Total Payment \$ \_\_\_\_\_



**Return your completed registration with payment to one of the following Recreation Centers:**

Ann & Chuck Dever Regional Park Recreation Center  
6961 San Casa Drive, Englewood, FL

Centennial Park  
1120 Centennial Blvd., Port Charlotte, FL

Harold Avenue Regional Park  
2300 Harold Ave., Port Charlotte, FL

South County Regional Park  
670 Cooper St., Punta Gorda, FL





Charlotte County Community Services  
Centennial Park Recreation Center  
1120 Centennial Blvd.  
Port Charlotte, FL 33953



## Registration begins Aug. 1, 2024

For further information on the Charlotte County “Fit for Life” Senior Games  
and sponsorship opportunities, please call

941.681.3760 or 941.625.PLAY (7529)

Or email: [RecreationDivision@CharlotteCountyFl.gov](mailto:RecreationDivision@CharlotteCountyFl.gov)

[CharlotteCountyFl.gov](http://CharlotteCountyFl.gov)

Thank you to our sponsors!

