Know the signs of a stroke and act

F.A.S.T.

**Face Drooping**

Does one side of the face droop or is it numb? Ask the person to smile. Is the person's smile uneven or lopsided?

**Arm Weakness**

Is one arm weak or numb? Ask the person to raise both arms. Does one arm drift downward?

**Speech Difficulty**

Is speech slurred? Is the person unable to speak or hard to understand? Ask the person to repeat a simple sentence. Is the person able to correctly repeat the words?

**Time to call 911**

If you observe any of these signs, call 911 immediately!

What to do while waiting for help?

Stay calm!

Note the time you noticed symptoms.

Make sure the person is in a comfortable position.

If the person is unconscious and not breathing, perform CPR.

Remember, when it comes to treating a stroke, Time is very important!

For additional information, please visit [flhealth.gov/stroke](http://flhealth.gov/stroke)