

Know the signs of a stroke and act

F.A.S.T.

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Face Drooping

Does one side of the face droop or is it numb? Ask the person to smile. Is the person's smile uneven or lopsided?



Arm Weakness

Is one arm weak or numb? Ask the person to raise both arms. Does one arm drift downward?



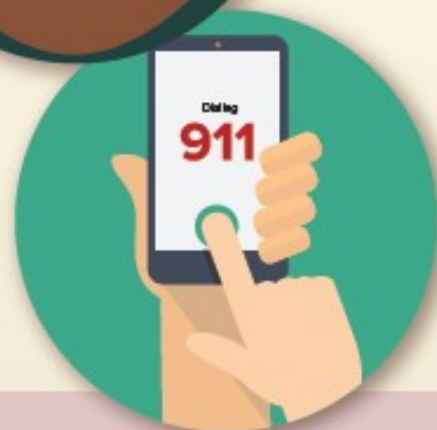
Speech Difficulty

Is speech slurred? Is the person unable to speak or hard to understand? Ask the person to repeat a simple sentence. Is the person able to correctly repeat the words?



Time to call 911

If you observe any of these signs, call 911 immediately!



What to do while waiting for help?

Stay calm!

Note the time you noticed symptoms.

Make sure the person is in a comfortable position.

If the person is unconscious and not breathing, perform CPR.



Remember, when it comes to treating a stroke,
Time is very important!

For additional information, please visit flhealth.gov/stroke

References: American Stroke Association (2017). Warning Signs. Retrieved from <http://strokeassociation.org/STROKEORG/WarningSigns>

